



ANNUAL REVIEW 2018

NORTH TEXAS COMMUNITY HEALTH COLLABORATIVE

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PRESIDENT'S COLUMN



Kristin Jenkins

JD, MBA, FACHE

President, DFWHC Foundation
Senior Vice President, DFWHC

The Dallas-Fort Worth Hospital Council Foundation's Community Health Collaborative (CHC) began as a series of meetings between regional health organizations focused on discussing the most urgent needs of our patients. Our purpose was to gain an understanding of our hospitals' approaches to community health.

Population health was becoming a major focus in North Texas, with a need to invest in prevention services to serve as a key component for value-based purchasing and alternative payment models.

Today, we have achieved numerous successes in information sharing, collaboration and shared programming.

Determining the overall health of our community's residents through health metrics at a zip code and even a block-by-block level are monitored by the CHC and shared to prioritize resources. These findings are also shared with community leaders via the web and special publications.

Our data, which has rendered the region transparent, has been used to support expansion of diabetes prevention services, food dessert initiatives, mental health and substance misuse services, among many others.

And this year, the CHC has received its first regional grant funding for projects related to mental health first aid training. Through the cooperation our CHC members, we have received funding to train 5,000 community members in Mental Health First Aid. This will give participants the ability to recognize signs of mental stress and how to intervene and provide information to get people the care they need.

The decision between our healthcare leadership to share funding for community projects in order to support population-based programs brings us full circle. The CHC made a commitment years ago to collaborate and bring better health and well-being to North Texas.

Because of our volunteers and your support, we are achieving our goal of a healthier, happier North Texas. I look forward to our future endeavors and our North Texas residents thank you.

Sincerely,

A handwritten signature in blue ink that reads "Kristin Jenkins". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

ORGANIZATIONAL STRUCTURE

THE NORTH TEXAS COMMUNITY HEALTH COLLABORATIVE (CHC) is comprised of healthcare, public health, data analysis, health disparities and strategic planning professionals. Current organizations include:

HEALTH SYSTEMS

Baylor Scott & White Health, Children's Health System, JPS Health Network, Kindred Health System, Methodist Health System, Medical City Healthcare, Parkland Health & Hospital System, Tenet Health System, Texas Scottish Rite Hospital, Texas Health Resources, UT Southwestern Medical Center

COMMUNITY ORGANIZATIONS

Best Southwest Partnership, Community Council of Greater Dallas, Dallas County
DFW Hospital Council Foundation, Department of State Health Services, Healthy Tarrant County Collaboration, Lakes Regional MHMR, Meadows Mental Health Research Foundation, Meals on Wheels of Tarrant County, Mental Health America Greater Dallas, Metro Care, MHMR of Tarrant County, National Association of Mental Illness (DFW), National Council of Behavioral Health, Pecan Valley MHMR, Regional Health Partnership 9 (Dallas, Denton and Kaufman counties), Regional Health Partnership 10 (Tarrant, Ellis, Erath, Parker, Johnson, Wise, Somervell, Hood, Navarro, Hunt counties), Regional Health Partnership 18 (Collin County), Tarrant County Challenge, Tarrant County Public Health, The Life Path Systems, The North Texas Behavioral Health Authority, United Way of Metropolitan Dallas, United Way of Denton County, United Way of Tarrant County, UNT Health Science Center



CHC HISTORY 2010 - 2016

The North Texas Community Health Collaborative (CHC) was established in 2010 to provide citizens with a sustainable mechanism for:

- assessing the health of their communities;
- identifying disparities;
- collaborating on initiatives to address unmet needs;
- identifying community resources;
- measuring outcomes.

The CHC's first tactical plan was;

- to create a website to display community health information to educate the public on regional health and areas of need;
- to use the site to measure the impact of initiatives and assist the public in identifying community resources.

The outcome was:

- the creation of the **North Texas Community Health Website** (<http://www.healthyntexas.org>), an online community health and population data source for six North Texas counties including **Dallas, Tarrant, Collin, Denton, Kaufman and Rockwall**.



CHC's First Community Initiative 2012-2016

The CHC's first community initiative was to identify Type 2 diabetes-related disparities in Dallas and Fort Worth. By utilizing hospital visits and community data to identify high disparity areas in Dallas and Fort Worth, the CHC was able to select the highest disparity zip codes for intervention and implementation of programs with local partners.



CHC PLAN 2017-2019

In 2017, CHC was restructured to align strategies with the community improvement priorities of the hospital systems of North Texas. The CHC conducted multiple strategy sessions with area health system executives to develop a consensus and prioritize objectives for a three-year period.

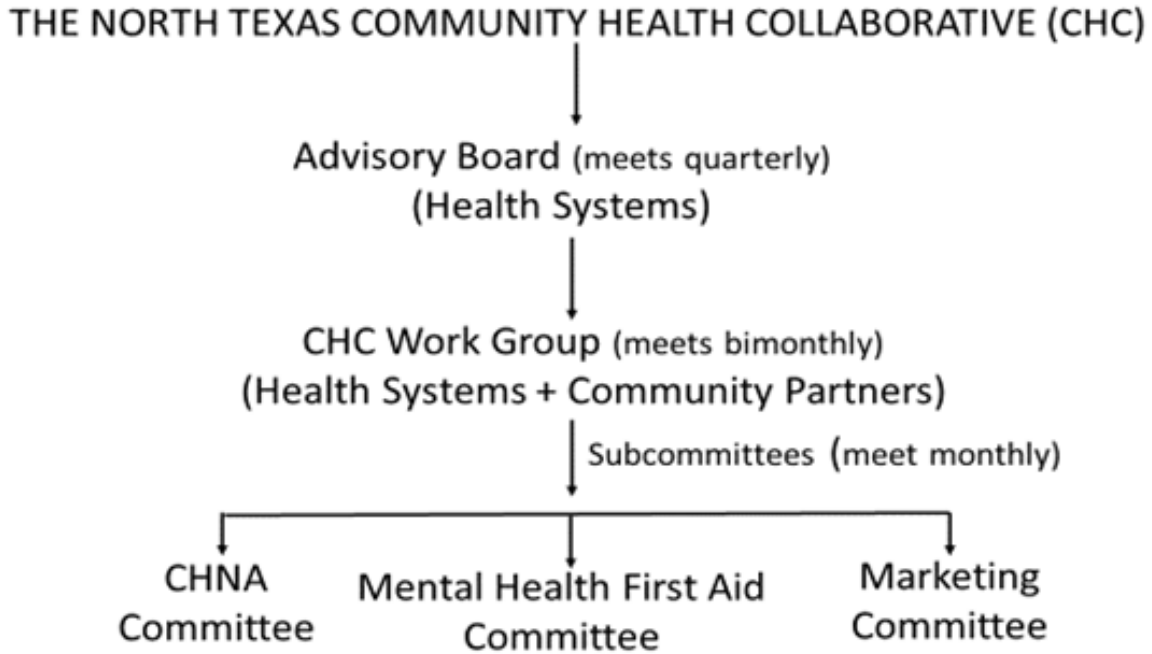


SUMMARY OF STRATEGIC MEETING

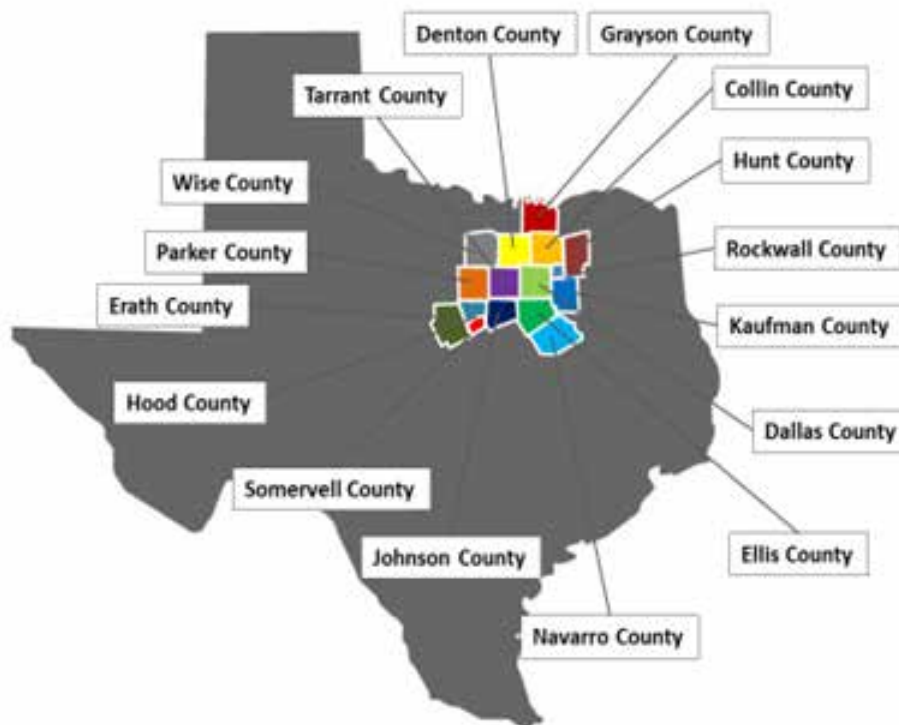
1. Complete the 16-county Community Health Needs Assessment on behavioral health-related disparities and use to set 2018-2019 goals.
2. Promote the Meadows “Smart Justice” Project and encourage connections to hospital emergency departments in Dallas to address mental health needs in the county.
3. Create a “best practice” document for community activities on substance abuse prevention and treatment.
4. Begin training area residents in Mental Health First Aid to kick off the “10,000 Lives Initiative.”
5. Evaluate two collaborative programs and promote outcomes for partners.



CHC COMMITTEE STRUCTURE



CHC GEOGRAPHIC COVERAGE





2017- 2018 UPDATES

COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA)

On January 9, 2018, the CHC presented findings from its **Regional Behavioral Health Needs Assessment** at the Dallas-Fort Worth Hospital Council Foundation headquarters in Irving. The 130-page report was the opening bell of a strategic goal of improving mental health services in the region over the next three years. The study outlines the challenges for North Texas in tackling issues such as patient access to mental health and substance misuse services, increasing the number of beds available in hospitals and expanding the region’s mental health workforce. Details of the report covered the behavioral health needs of 16 counties including Collin, Dallas, Denton, Ellis, Erath, Grayson, Hood, Hunt, Johnson, Kaufman, Navarro, Parker, Rockwall, Somervell, Tarrant, and Wise. The full report can be accessed at www.healthyntexas.org/2018BHNA.



MENTAL HEALTH FIRST AID SUBCOMMITTEE LAUNCHES “10,000 LIVES INITIATIVE”

The CHC represents 11 area health systems with a strategic goal of improving mental health over the next three years. One of the goals of the collaborative is to train more than 10,000 lay-people in the national **Mental Health First Aid** curriculum throughout the region titled “10,000 Lives Initiative.” Mental Health First Aid Training develops skills to support recovery and resiliency.

The project is inspired by the belief that individuals experiencing stress and trauma challenges can recover with the proper support. The program teaches risk factors and warning signs for mental health concerns, strategies for how to help someone in crisis and non-crisis situations; and where to turn for help. The project is for individuals with minimal or no background in the health profession. CHC partner, **My Health My Resources (MHMR) of Tarrant County**, hosted the first of what will be many training classes of the Mental Health First Aid curriculum to attendees in Fort Worth.

COMMUNITY WEBSITE EXPANSION

The North Texas Community Health Website (<http://www.healthyntexas.org/>) expanded from 12 to 16 counties in 2017. The website, which displays community health data for the region, now covers Collin, Dallas, Denton, Ellis, Erath, Hunt, Johnson, Kaufman, Parker, Rockwall, Tarrant, Wise, Grayson, Somervell, Hood and Navarro counties. The website also hosts all CHC-related information and reports.

BEHAVIORAL HEALTH PROVIDERS DIRECTORY

CHC teamed with interns from the **University of North Texas Health Science Center** and **Texas Woman's University** to produce an extensive Behavioral Health Providers Repository covering 16 North Texas counties. The document lists behavioral health providers in each county including addresses, websites and services provided. The counties detailed include Collin, Dallas, Denton, Ellis, Erath, Grayson, Hood, Hunt, Johnson, Kaufman, Navarro, Parker, Rockwall, Somervell, Tarrant and Wise. The project is a component of the Behavioral Health Community Needs Assessment Report to evaluate regional providers capacity. The purpose of this new provider list is to help identify gaps in care, examine provider capacity and to have accurate reference material for medical providers and community members. Providers information for all 16 counties can be accessed at www.healthyntexas.org/Provider.



Randi Veasley (l to r), Sachita Bhattarai, Greg Shelton, Dr. Sushma Sharma, Alexander Fernandez, Rachel Blaydes and Dr. Mari Tietze comprised the team that created the Behavioral Health Providers Repository.

GRANTS

1. **SAMHSA (received) with Dallas County and Caruth Police Academy**
Resiliency in Communities After Stress and Trauma (ReCAST) -- The grant promotes resilience and equity through applying evidence-based, violence prevention and community youth engagement.
2. **DSHS (received)**
Funding covers Mental Health First Aid training for 1,350 adults from 12 rural counties in North Texas.
3. **SAMHSA (pending)**
If successful, funding will cover Mental Health First Aid training for 1,300 adults from 16 counties covered in the "10,000 Lives Initiative."
4. **Dallas Foundation (pending)**
If successful, funding will cover Mental Health First Aid training for 3,000 adults from Dallas county.

PUBLICATIONS

1. Regional Health Partnership 9: Community Needs Assessment Report for Texas Healthcare Transformation and Quality Improvement Program, 2017.
www.healthyntexas.org/CHNAs
2. Behavioral Health Community Needs Assessment of 16 North Texas Counties. Published by the North Texas Community Health Collaborative (CHC) at the Dallas-Fort Worth Hospital Council Research and Education Foundation, January 2018.
<http://www.healthyntexas.org/2018CHNA>
3. Behavioral Health Providers Information for all 16 Counties
www.healthyntexas.org/Provider
4. A Collaborative Effort to Assess Disparities Associated with Behavioral Health in the North Texas Region. The North Texas Community Health Collaborative, Rachel Blaydes, Alexander Fernandez and Sushma Sharma (Under Review).
5. A Data Driven Approach for Selection of Population for Mental Health First Aid - 10,000 lives initiative in North Texas Region. The North Texas Community Health Collaborative, Rachel Blaydes, Alexander Fernandez and Sushma Sharma (Under Review).

CONFERENCE PRESENTATION

1. Panel member: **National Council of Behavioral Health Conference, Washington DC. 2018**

AWARDS

1. **Dr. Ron J. Anderson Thinking Progressively for Health and Innovation Award - Texas Public Health Association, 2017.**



PROJECTS

1. Regional collaborative funding efforts to continue the **“10,000 Lives Initiative”** in North Texas;
2. **Community Needs Assessment** for substance misuse and best practices for prevention and management in 16 North Texas Counties;
3. **Behavioral Health Consumer Survey** in 16 North Texas Counties;
4. **Behavioral Health Providers Survey and Capacity Assessment** in 16 North Texas Counties;
5. Implement DSHS-funded **Mental Health First Aid Program** for over 1,300 residents in 12 rural counties.



CHC’S INTERNSHIP PROGRAM

Since 2013, the DFW Hospital Council Foundation has offered internship opportunities to students from local universities. Being part of the CHC’s ongoing research initiatives, students get the opportunity to participate in educational opportunities and events to enhance their portfolios. Active participation in CHC’S initiatives gives them an opportunity to demonstrate their passion for research and community at the regional level.

“The DFWHC Foundation has been an important site for the UNTHSC School of Public Health internship program. Our students have gained invaluable public health experience not only in the area of data analysis, but also in terms of connecting that data to real world outcomes and how those outcomes impact the health offer communities.”

- Dr. Melissa Oden, Internship Director, UNT Health Science Center School of Public Health

CHC’s 2017-2018 Interns

1. **Olalekan Olanipekun, MPH**, UNT Health Science Center, Fort Worth, Texas
2. **Furong Li, MS Biostatistics**, UNT Health Science Center, Fort Worth, Texas
3. **Alexander Fernandez, MPH**, UNT Health Science Center, Fort Worth, Texas
4. **Rachel Blaydes, DO-MPH**, UNT Health Science Center, Fort Worth, Texas
5. **Randi Veasely, Bioinformatics, Graduate Student**, Texas Women’s University
6. **Sachita Bhattarai, Bioinformatics, Graduate Student**, Texas Women’s University
7. **Dawn Zieger, MPH**, Dartmouth University, former employee JPS Health System
8. **Scott Wells, MPH**, UNT Health Science Center, former employee Medical City Plano

COMMITTEES

CHC Advisory Board

Catherine Oliveros (Chair), Texas Health Resources

Ashleigh Kinney (Vice-Chair), Texas Scottish Rite Hospital for Children

Emmanuel Dalavai, Parkland Health & Hospital System

Melanie Dooley, Kindred Healthcare

Seana George, Medical City Healthcare

Rhonda Hough, UT Southwestern

Corey Jackson, Parkland Health & Hospital System

Guwan Jones, Baylor Scott & White Health

Teneisha Kennard, JPS Health Network

Tran Khang, Medical City Healthcare

Jeanne Nightingale, Children's Health

Nkem Okafor, Methodist Health System

Venita Owens, Baylor Scott & White Health

Sharon Riley, Texas Scottish Rite Hospital for Children

Scot Rule, JPS Health Network

Susan Schaetti, Kindred Healthcare

Sue Schell, Children's Health

Niki D. Shah, Baylor Scott & White Health

Jaquelin Villa, Tenet Healthcare

Brad Walsh, Parkland Health & Hospital System



CHC Workgroup

Tracey Adame, Medical City Healthcare

Tyson Bain, Baylor Scott & White Health

Des Anges Crusier, RHP18

Nelly Cuenca, Parkland Health & Hospital System

Rebecca Deisler, UT Southwestern

Linda Fulmer, Healthy Tarrant County Collaboration

Dr. Subi Gandhi, Tarleton State University

Sheila George, Community Council of Greater Dallas

Jennifer Gilley, Tarrant County Challenge

James Hardin, United Way Dallas

John Henry, North Texas Behavioral Health Authority

Talmage Holmes, Tarrant County Health Department

Ashleigh Kinney, Texas Scottish Rite Hospital for Children

Tammy Mahan, Life Path Systems

Sue Pickens, Community Representative

Sonia Redwine, United Way Denton

Margaret Roche, RHP9

Cynthia M. Ross, Best South West Partnership

Sue Schell, Children's Health

Candace Thompson, Baylor Scott & White Health

Jaquelin Villa, Tenet Healthcare

Teresa Wagner, UNT Health Sciences Center

Chris Wall, RHP10, JPS Health Network

Grace White, MHMR Tarrant County

Yvette Wingate, Tarrant County Health Department



CHC - BHNA Committee

Brad Walsh (Chair), Parkland Health & Hospital System

Tyson Bain, Baylor Scott & White Health

Des Angles Crusier, RHP18

Rebecca Deisler, UT Southwestern

Alexander Fernandez (Intern), UNT Health Science Center

Jessica Galleshaw, United Way Dallas

Ashleigh Kinney, Texas Scottish Rite Hospital for Children

Furong Li (Intern), UNT Health Science Center

Tammy Mahan, Life Path System

Jeanne Nightingale, Children's Health

Catherine Oliveros, Texas Health Resources

Sue Pickens, Community Representative

Jennifer Sublett, Medical City Healthcare

Dawn Zieger, JPS Health Network and RHP10

CHC – Substance Misuse Needs Assessment Committee

Jennifer Giley (Chair), Tarrant County Challenge

Brad Walsh (Chair), Parkland Health & Hospital System

Tracey Adame, Medical City Healthcare

Kurt Kleinschmidt, North Texas Poison Control Center

Joann Schulte, Houston Health Department

Lee Spencer, UT Southwestern

Erica Stockbridge, UNT Health Science Center

Lisa Sullivan, Drug Enforcement Administration

Candace Thompson, Baylor Scott & White Health

Cynthia Velazquez, Drug Enforcement Administration

Sidharth Wakhlu, UT Southwestern

Scott Wells (Intern), UNT Health Science Center



Mental Health First Aid Committee (10,000 Lives Initiative)

Lisa Boone (Chair), MHMR Tarrant County

Ashley Rodriguez (Chair), Baylor Scott & White Health

Tracy Adame, Medical City Healthcare

Akintayo Akinlawon, Baylor Scott & White Health - Plano

Jeff Christie, JPS Health Network

Bonnie Cook, MHA Dallas

Sherry Cusumano, Medical City Green Oaks

Pamela Davis, Baylor Scott & White Health

Rebecca Deisler, UT Southwestern

John Dornheim, NAMI Dallas

Tarnicia Durham, LifePath Systems

Lance Garrison, The Chicago School Dallas

James Hardin, United Way Dallas

John Henry, North Texas Behavioral Health Authority

Carrie Hoffman, Health and Human Services Commission

Ashley Idlebird, Baylor Scott & White Health

Trina Ita, Health and Human Services Commission

Carolyn Joe, DSHS, Region 2/3

Ashleigh Kinney, Texas Scottish Rite Hospital for Children

Laurie Long, Texas Health Resources

Jennifer Martinez, Health and Human Services Commission

Janie Metzinger, MHA Dallas

Teresita Oaks, Parkland Health & Hospital System

Sonya Redwine, United Way of Denton

Paty Rivera, DSHS Community Health Services

Connie Robinson, Baylor Scott & White Health

Shannon Rogers, Pecan Valley MHMR

Amy Sanders, Health and Human Services Commission

Sue Schell, Children's Health

Niki Shah, Baylor Scott & White Health

Candace Thompson, Baylor Scott & White Health and Wellness Center

Bruce Whitted, MHMR Tarrant County





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